*The purpose of this session is to practically experience the various types of prayer available to the church for use in Life Groups.*

**I. Book of Common Prayer Overview**

Available for download or purchase at <http://bcp2019.anglicanchurch.net/>

What is the Prayer Book? <https://www.youtube.com/watch?v=pXxIMk9haLE>

**158. What should you pray?** I should pray the Lord’s Prayer, the Psalms, the collected prayers of the Church, and my own prayers as the Spirit leads me. (1 Samuel 2:1–10; Psalms 2; 62:8; Luke 1:46–55; 2:25–35; Acts 4:24–30; Romans 8:26–27; Revelation 4:8–11)

**II. The Daily Office**

“In Judaism the day was marked in the temple at Jerusalem with morning and evening sacrifices and with services of psalms and prayers at 9 A.M. and 3 P.M. Devout Jews also marked the times of the day with private prayers, “in the evening, in the morning, and at noonday” (Ps. 55:18). The services in the synagogue consisted principally of prayer and (at least on the Sabbath) the reading and exposition of the Scriptures. By the time of Christ the synagogue liturgy of the word was conducted on at least some weekdays as well as immediately before the Sabbath meal. Some believe that synagogues in the larger towns had daily morning and evening services (Hatchett 89).”

BCP 2019 Page 66 or POP Family Prayer Booklet

**III. Litanies/Prayers of the People (Semi-Structured)**

BCP 2019 Page 128-129

**IV. Unstructured Spontaneous Prayer**

**V. Miscellaneous Prayers**

**VI. Prayer Log – Keeping Prayer Requests and Celebrating Answered Prayers**

Prisoner of the Month

THE PRAYERS OF THE PEOPLE (BCP 2019 Page 128-129)

*The Deacon or other person appointed says these prayers, or the Prayers of the People in the Anglican Standard Text. The reader pauses after each bidding, and the people may add petitions, either silently or aloud.*

Let us pray for the Church and for the world, saying, “hear our prayer.”

For the peace of the whole world, and for the well-being and unity of the people of God.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For *N*., our Archbishop, and *N*., our Bishop, and for all the clergy and people of our Diocese and Congregation.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all those who proclaim the Gospel at home and abroad; and for all who teach and disciple others.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For our brothers and sisters in Christ who are persecuted for their faith.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For our nation, for those in authority, and for all in public service [especially \_\_\_\_\_\_\_\_\_\_\_\_\_].

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all those who are in trouble, sorrow, need, sickness, or any other adversity [especially \_\_\_\_\_\_\_\_\_\_\_\_\_].

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

For all those who have departed this life in the certain hope of the resurrection, [especially \_\_\_\_\_\_,] in thanksgiving let us pray.

*Reader* Lord, in your mercy:

*People* **Hear our prayer.**

*Additional petitions may be added. Thanksgivings may also be invited.*

*The Celebrant concludes with this or some other appropriate Collect.*

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**